

OCTOBER 2018

DOWNTOWN LIVING

A Social Publication
for the Residents of
Downtown Nashville



Laura Birdwell,

a Downtown resident and breast cancer survivor, shared her cancer journey with us.

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AREA DIRECTOR Adrian Ivasic
adrian.ivasic@n2pub.com

ADVERTISING SALES Adrian Ivasic
adrian.ivasic@n2pub.com

ACCOUNT EXECUTIVES Grady Clark
grady.clark@n2pub.com

EDITOR Tara Biller
downtown@n2pub.com

CONTENT COORDINATOR Kaitlin Clark
downtown@n2pub.com

EXECUTIVE ASSISTANT Anna Gregory
anna.gregory@n2pub.com

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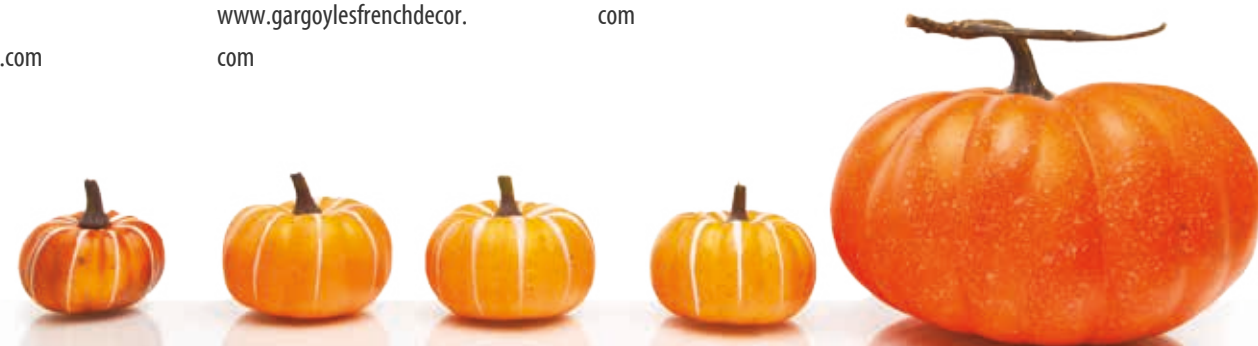
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Publisher's Vote!

Welcome to another exciting edition of *Downtown Living*. I can't believe it's October and that in a second it will be the holiday season and then 2019. Where does the time go? There's so much we all want to do and accomplish. This year has been a reminder to me that time passes by so fast and that if you are waiting to do something... don't. Start that diet, make that career change, take that trip, start that new hobby, and live your best life!

In this issue we meet breast cancer survivor Laura Birdwell, take a look at Wilson Pruitt's cool unit in the Terrazzo, meet the Icon's cutest Swiss She-

phard Otto, and so much more. We also have a Botox, Blowouts, & Bubbly event with GulchCare and The Blowout Co. that you don't want to miss! Check the save-the-date and RSVP ASAP with your crew! It's been great meeting and connecting with so many of you. Keep the emails coming as we are expanding to more buildings and creating new partnerships every month. Email us your nominations, or submit your own units and pets, and remember I'm always free for coffee just to chat.

Your's In Service,

Adrian Ivasie



save the date

BOTOX, BLOWOUTS & BUBBLY *You're Invited!*

BLOWOUT co.

Downtown Living Gals (& Guys),

**Free Botox is not transferable or shareable.*

You're invited to our exclusive DTL event: ***Botox, Blowouts & Bubbly!***

Come just to mix and mingle, or come get pampered. Enjoy complimentary cocktails and hors devours, and enter for a chance to win some goodies. Michelle Mosley from GulchCare will be set up and administering Botox and Juvederm. The Blowout Co.'s talented stylists will be onsite giving discounts for blowouts and more. Gather your friends and register today to secure your places by emailing us at downtown@n2pub.com.

Fall, in love with your face!

Botox: \$8 per unit

Register and bring 4 friends and receive 20u of Botox just for YOU! Treatment can be during event or scheduled for another time.

Juvederm Fillers for lips, cheeks and smile lines: \$600

25% off Blowout coupons to all attendees

Giveaways:

Latisse: Eyelash Growth serum, 6wk supply, *\$175 value*

Lytera: Skin Pigment Correction Serum 2oz bottle, *\$150 value*

Blowout 4 Pack, *\$160 value*

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Laura Birdwell

resident spotlight



BREAST CANCER SURVIVOR

Laura Birdwell, a downtown Nashville resident and breast cancer survivor, shared her cancer journey with us.

**When were you diagnosed?
What led you to believe something was unusual?**

February 12 is a date that I will never forget. That was the day I was told that I have breast cancer. I'm 31 years old and never thought twice of having cancer. A little backstory, I found a lump when I was 17 years old that ended up being benign (fibroadenoma). Throughout the next few years, those benign lumps kept popping up. Because of this, I went for breast exams twice a year. It was at my regularly scheduled exam that my nurse found the new lump.

What was your reaction when you were told, "You have cancer"?

To be honest, I already had a gut feeling that it was cancer. I had a biopsy on February 7 and had to wait until the 12 for results. So I did that thing that you should never do, and went to "Dr. Google." It still was not easy when the news was confirmed that I, in fact, had breast cancer. My mom was in the room with me, and I think both of our hearts just sank. She went out to the waiting room to get my dad and when he walked in, I just fell into him. I'm so lucky to have had them there with me. They are my rocks.

Is there a history of breast cancer in your family?

My mother was diagnosed with breast cancer four years ago. She's the strongest women I know. She was lucky to have caught it early and is doing great

...

...

today. I did have the BRCA gene test done to make sure that I was not positive for that. It came back that I was negative so thankfully we do not have that gene in our family.

What was the recommended treatment plan for your diagnosis?

My doctor walked in and said that he had just presented my case to a board of doctors and every one of them suggested I have a double mastectomy. After a lot of thought, I decided to listen to my gut and have a double mastectomy. It ended up being the best decision I made. After surgery, we found out that I had five lymph nodes that came back positive for cancer. Because of those nodes being positive, my treatment plan went from just needing surgery, to needing chemo and radiation.

My doctor told me because of my age and the fact of the positive nodes, that there is not an oncologist on Earth that would not want to “throw the kitchen sink” at me. So that is what we did. I finished chemo on September 5 and will begin radiation this month.

What message do you want to share to inform other women (and men) about breast cancer awareness?

Get to know your body. Know when something doesn't feel right. Early detection is key. Do not miss any doctor's appointments. Don't wait until you are 40 to get a mammogram. If you have a family history of breast cancer, I would highly suggest you get tested for the BRCA genes. If a doctor doesn't think you need a mammogram until you are 40, find a different doctor. Always speak up. It can save your life.

I also would like to add that I hope soon they will come up with a better exam that will detect breast cancer in younger women. MRIs seem to be the best exam; however, it is so expensive. It's really disheartening to hear from so many women that were turned away from having an MRI because they either couldn't afford it or their doctor said they do not need an MRI. With mammograms, a lot of times younger breast tissue makes it hard to see abnormalities.

Have you had an opportunity to utilize any services of the American Cancer Society?

The American Cancer Society has an easy-to-use website, cancer.org, that really helped me to understand my diagnosis. I have had many friends that have gotten a free (and amazing looking!) wig from the ACS. Not to mention the phone calls I receive from them just checking to make sure I'm doing well and inviting me to events.

Why should folks come out and walk at Making Strides Against Breast Cancer on Nov. 3?

I cannot think of a better, more fulfilling, way to spend your time then walking among survivors and those going through this crappy disease. The women I have met in this short time

are the most inspirational women I've ever met. It is a pleasure to raise money for the ACS. Knowing every dollar and every step you take on the walk is working towards saving lives is an incredible feeling.

What else would you like to add, such as words of inspiration — favorite quotes or songs, for example?

“Life will test you but remember this, when you walk up a mountain your legs get stronger.” I saw this quote on Pinterest and I love it. I have never felt as strong as I do today. I have so many people come up to me and say, “I don't know how you stay so strong. I wouldn't be that strong.” I tell them yes you would. You never know how strong you are until you have no choice but to be strong. We all have it in us.

Follow Laura's journey on tatatocancer.wordpress.com.



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Making Strides Against **BREAST CANCER**

..... OF NASHVILLE





making a difference

What is the name of the Organization?

American Cancer Society

The American Cancer Society was founded in 1913 by 10 doctors and five laypeople in New York City. It was called the American Society for the Control of Cancer (ASCC). At that time, a cancer diagnosis meant near certain death. Rarely mentioned in public, this disease was steeped in fear and denial. Doctors sometimes did not tell their patients they had cancer, and patients often did not tell their friends and families that they had been diagnosed with it. Fast forward to today, the American Cancer Society is a global leader in the fight against cancer, working tirelessly in Nashville and beyond to save lives by helping people stay well and get well, by finding cures, and by fighting back against the disease.

Please tell us about the organization and what it does:

The American Cancer Society is a global grassroots force of nearly two million volunteers dedicated to saving lives, celebrating lives, and leading the fight for a world without cancer. From breakthrough research to free lodging near treatment, a 24/7/365 live helpline, free rides to treatment, and convening powerful activists to create awareness and impact, the American Cancer Society is attacking cancer from every angle. Visit cancer.org for more information.

How long has this organization been active?

105 years

How much do you depend on volunteers, and what is their involvement?

The American Cancer Society fights for every life threatened by



every cancer in every community. But we can't do it alone. Here are some ways you can help us lead the fight for a world without cancer.

Walk with us Nov. 3 in Nashville for Making Strides Against Breast Cancer. Drive Nashville-area cancer patients to treatment through our Road To Recovery service. Provide meals or entertainment to ensure our Hope Lodge guests feel welcome in Nashville. If you're a breast cancer survivor, help support someone newly diagnosed through our Reach To Recovery program. Organize or attend a local fundraiser. Join our Cancer Action Network to advocate for legislation that improves access to quality healthcare for patients and survivors, and encourages prevention.

How can others get involved with this organization?

It's easy to get involved today. Visit cancer.org/volunteer or call 24/7 to our live information line: 1-800-227-2345.

fyi

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Making Strides Against Breast Cancer of Nashville

November 3rd

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Registration

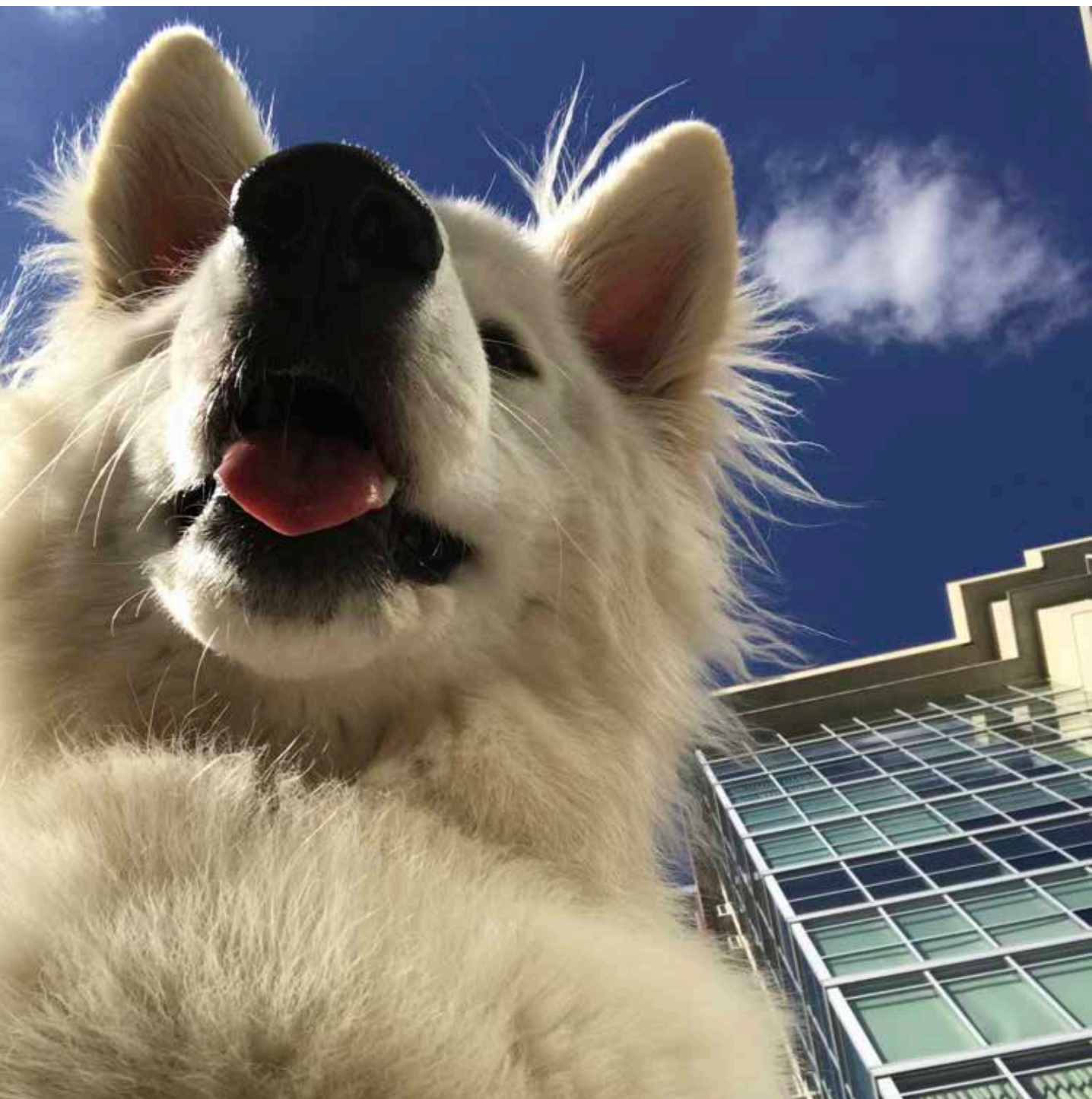
6:30am

Event Time

8:00am

Please visit MakingStridesWalk.org/NashvilleTN for more information, or to sign up your team today.

meet
OTTO!
The White Swiss Shepherd



precious pet

How long have you lived in Nashville?

I moved to Nashville a little over five years ago for a job at Vanderbilt.

Tell us your pet's story.

On December 12 2016, I drove to Falls Creek Falls State Park to meet my little man. Otto will turn 2 this October. It was love at first sight, of course. Otto was exactly what I had imagined. Otto is a White Swiss Shepherd (or Berger Suisse Blanc if you want to be fancy). They are a rare breed with only a few reputable breeders in the U.S. I discovered the breed after lots of late night Googling. I had fallen in love with a picture of this white dog on a beach. Eventually, I discovered the Swiss Shepherds. The breed is commonly bred to become therapy dogs. Otto is way too rambunctious to be a therapy dog now, but we are currently in training. He is already so amazing with children.



teaching him razor-sharp eye coordination at a young age. He got lots of treats! Now that he's so big, it's mesmerizing to see him jump several feet off the ground and catch his ball.

People may also have noticed Otto watching over them in the Gulch. My condo faces 12th Avenue. Otto loves to sit outside on my balcony and looking down below. He will spend hours people watching/monitoring the streets below. I like to think of it as him protecting his kingdom.

What's the funniest story you have about your pet?

Otto is gorgeous and he knows it! He's well accustomed to being surrounded by young girls petting him and taking his picture. One day I was walking in the Gulch and there was a crowd in front of the Thompson Hotel. I thought maybe it was for a visiting hockey team. Turns out the crowd was waiting on Shawn Mendes, so lots of teenage girls! When we walked by, several of the girls noticed Otto and before I knew it, Otto was strutting his stuff up and down the red carpet in true celebrity heartthrob fashion.

OK, be honest: just how spoiled is your pet?

I plead the fifth.

Secret Life of Pets: What do you think your pet does when you're not home?

He sleeps. I once borrowed a friend's PetCube to verify this.

Tell us about your pet's social life (interactions with other animals, people...)

Otto has lots of friends. Human and doggie friends. I didn't know dogs could have best friends but Otto definitely does. Louie the Golden Doodle and Odie the Beagle are his favorite playmates. I also do have a cat. Despite her just turning 16, she also plays with Otto quite often.

Otto loves children! Somehow despite still being in his puppy years, he knows to be calm and gentle around them. My proudest Otto moment happened while I was walking him in front of the Pub last year. We came upon a mother, a nurse, and two young boys. One of the boys had severe facial abnormalities and was blind. As we approached, the other boy saw and Otto wanted so badly to say hello but Mom and nurse were hesitant. I told them it was OK. The boy came running over and started hugging Otto from all sides. The other boy asked his nurse what was going on. When she explained, he asked if he could pet the dog. As if on cue, Otto walked over to sniff the boy's hand. The boy squealed and screamed with delight. It was truly a happy noise but made me nervous the high pitch would spook Otto. However, my sweet boy just knew. He nuzzled into the boy as the boy shook and danced with pure joy. The mother and nurse thanked me for allowing Otto to say hi and give them that gift. All three of us had tears in our eyes.

Does your pet have any special talents or quirks?

Otto has lots of quirks! Probably his biggest quirk and also part special talent is his obsession with this red ball he has. It used to be a blue one but that sadly fell down a storm drain. He takes his ball EVERYWHERE! When I pick up his leash to go outside, Otto scrambles to find his toy. Once found, he's ready to go! Otto would spend all day playing fetch with you if he could. He is absolutely amazing at catching! I credit the concierge at the Icon for



SEVEN-YEAR MEMBER, CHASE MONTGOMERY

Where are you from?

Huntsville, AL

How long have you've been a member at Nashville City Club?

Seven years

Profession(s):

I am a Financial Advisor with the Sinor Marcum Group at Waddell and Reed.

What are your favorite activities/hobbies?

I enjoy traveling and seeing different parts of the world. I think it is important to experience different cultures in person. I am a huge proponent of live entertainment. It is sports primarily but I also enjoy the many concert offerings we have around town as well as the events that come to TPAC. I enjoy spending a lot of time outside including but not limited to, boating, golfing, hiking, kayaking, lying by the pool, and participating in various sports through NSL.

Do you have any favorite hangouts in Nashville?

Nashville is changing every day but I prefer the longstanding favorites. I frequent Jimmy Kelly's more than I should and enjoy places like Roberts Western World more than some of the new places that have been built. Of course, I spend a lot of time at the City Club especially when I want to get away from the Broadway crowd.

Do you have a favorite vacation spot?

I was born in Ft. Walton Beach, FL, so I am a beach baby through and through. I still prefer most of the beaches in the panhandle the best. I also enjoy time in the mountains. Getting away to the Rockies, especially in the summer, is a great way to be outdoors and unwind.

Favorite Sports Teams:

Baseball is my favorite sport and I am a lifelong Braves fan. Growing up in Huntsville, I remember when the Titans moved to Nashville so they have always been my go-to team. After living in Nashville for seven years I have grown into Preds Fandom. Since I graduated from the University of Alabama, I follow most of their sports at the collegiate level. *Roll Tide!*

Do you have any pets?

No.

What are some of your family traditions?

Since I was young, my family has always traveled together and that is something will still do today. It may not always be all the grandparents, cousins, etc., but my immediate family usually goes somewhere together at least once a year. In fact, we just got back from the Florida Keys.

How are you involved in the community?

I work with various committees at the Nashville City Club to encourage membership and participation. I think the Club is a stalwart of the downtown Nashville Community and want every to experience everything it has to offer. I am a member of Delta Sigma Phi fraternity and currently serve as chair for our Alumni Chapter at the University of Alabama. I also serve as the Vice Chair for the Davidson County Republican Party. In addition, I recently began my journey in Freemasonry.

What do you like to do to relax?

I enjoy happy hour with friends or lying by the pool as much as anybody. But when I am just tired of people, I am a TV junkie. My DVR stays pretty full, so sometimes I just check out and watch TV for a while.

What is your favorite part about the City Club?

Being able to use the space is a huge benefit to me. Whether it is a business lunch or hosting an evening happy hour, they are always accommodating. As far as programming, the City Club offers a number of ways to get involved and meet new members in the community. Just to name a few, the New Year's Eve celebrations, wine dinners, the speaker series, and the entrepreneur



roundtable are all great ways to meet new people at the club and getting more plugged in with the downtown community.

Tell us your story:

Growing up in Huntsville, I was surrounded by engineers. I decided early on that I wanted to do something different. I always enjoyed social sciences, so I decided on business and more specifically finance and economics. I was always a Bama fan, but when my family decided to move overseas for a job opportunity I decided to attend the University of Alabama and stay close to home. Upon graduation, I did what most of my peers did and sought out jobs in Nashville or Atlanta. (I think I made the better choice!) I took a job with Waddell and Reed as a Financial Advisor and the rest is history. I am still enjoying every day of my career and the city I live in and do not plan on leaving anytime soon!



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DTL asks **Chef Mike Haggerty**
Sea Salt Nashville

Ingredients:

1 lb Mussels or Clams
8 oz Smoked Trout
1 qt Fish stock/clam juice
1 qt Heavy cream
1 Yellow onion, small dice
3 stalks of Celery, small dice
1 stick Unsalted butter
2 Idaho potato peeled, medium diced
1 garlic clove minced
2 fresh thyme sprigs
½ teaspoon of red pepper flake
¼ cup All purpose flour
1.5 teaspoon Kosher salt
1/2 teaspoon Black pepper
1 bay leaf
1 cup white wine

Hot Seasoning:

Cayenne Pepper – 2 tablespoons
Smoked Paprika – 1 tablespoon
Brown Sugar – 1 tablespoon
Garlic Powder – 1 teaspoon
Onion powder – 1 teaspoon

Combine mussels/clams and fish stock with wine, bay leaf, thyme and red pepper flakes. Simmer for 5 to 7 minutes until mussels have opened up

completely. Strain and reserve the stock and mussels separately. In a clean stock pot melt butter on low heat. Saute onions, celery, and garlic until translucent, add potatoes and saute for another 2 minutes. Add flour and stir to coat the vegetables evenly. Cook for 2 more minutes. Add stock, heavy cream and bring to a simmer. Simmer for 20 – 25 minutes until potatoes are tender. Shred the smoked trout with a fork to desired consistency (I prefer it to be a little chunkier). Add the trout and mussels to soup once it's done.

To serve, top soup with a sprinkling of the Nashville hot seasoning and serve with oyster crackers.



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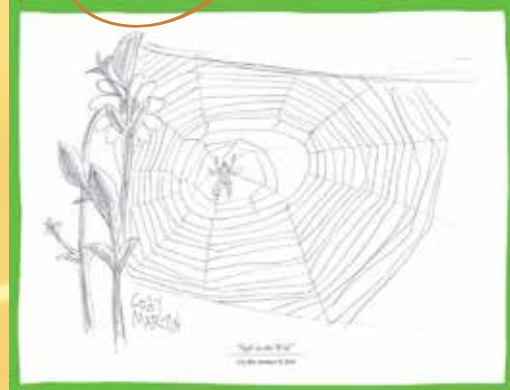


spider Poem



on the avenue with lauren and jules

By resident writer **Lauren Barnes**
Cartoon by **Cody Martin**



Bathing in the moonlight shade
A spider creeps
from under the leaf
Cautiously waiting with the raid

Of fire blazing among the land
Spider rushes without a plan
Hoping to not find the sight of man
The spider now has a problem at hand

Creepy spider
She has nowhere to hide
Only inside
The white of the whicker branches grow wider

She is still holding on to her helpless life
The fire flicks and flaunts
Whispering and taunts
Feeling as though she is under the knife

Grey, feathery ashes scurry,
As mountains of clouds
Billow and crowd
The ashes now look blurry

What is she to do
A spider as she creeps

All she knows is to weep
Among the darkness so blue

Why this fair spider amused by the
night
Scary but beautiful
This spider is juvenile
She doesn't know to fight or flight

She whispers still
Deep into the moonlight
She is taunted by the nightlight
Spiders can harm and even kill

Hiding from sight
Scared for her life
The fire feels like knives
She has lost all her fight

She whispers so softly
A prayer to God
She sits calmly and plans her plot
Knowing she must be promptly

She knows no fear
Afraid of the fire
Now she is full of desire
Yet she scurries off in tears

Down a tightrope
She scurries
Her mind in a flurry
Like liquid soap

Away from the fire
She finds freedom
Because isn't a Demon
She is inspired

She is free
With eight legs to march
She isn't parched
She found a new freedom

She escaped
And is ready to heal
And she feels
The fire gone in a vape

Cautiously now
The spider sits
She is ready to split
Her story is over now

she takes a bow



CAN YOU HANDLE THE HEAT?

food trucks

By **Adrian Ivasic**

Food trucks have become a lunch staple for many living and working downtown, so we decided to review one of the newest ones in town. Chang Noi is an Asian food truck offering classic and unique choices in the Asian food niche, boasting that they are not just a basic Asian food truck, but instead are “Thai Lao fusion.” Some of the menu classic choices include Pho, Pad Thai, and Drunken Noodles, while some unique options are Hawaiian Fried Rice Tofu, Flaming Red Curry, and Asian Tacos. All choices have a fusion flare and all have the option of Asian level heat! Chang Noi has five levels of heat options. There’s a level of spicy for everyone. You can get non-spicy options all the way to Asian Hot. How hot is *Asian Hot*? Hotter than I’ve had at any Asian spot so far. The notable thing about Chang Noi’s *Asian Hot*

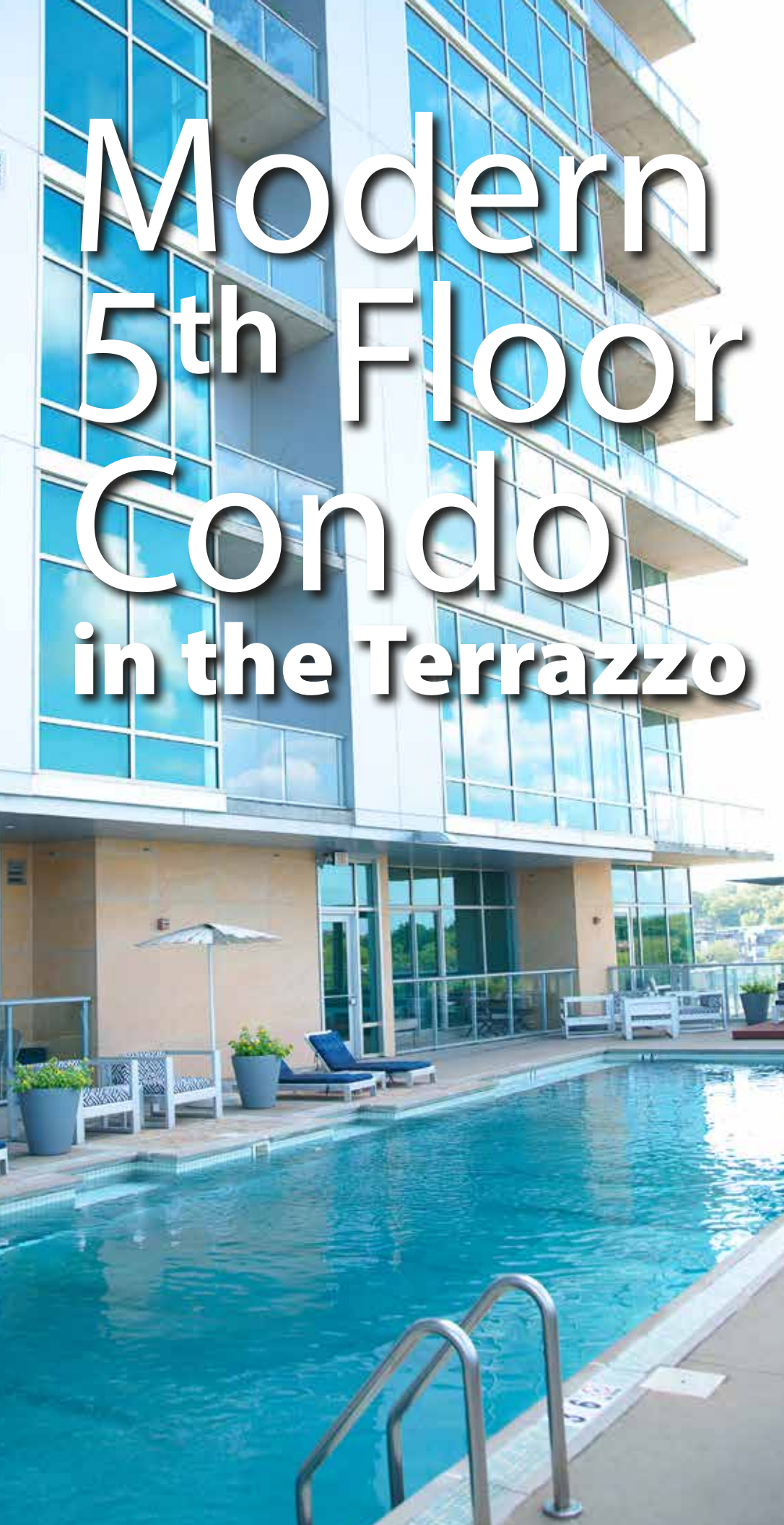
heat, however, is that it still has immense flavor, verses most of the high spice items I have had that sacrifice flavor to create the pain of the heat.

What’s our verdict on Chang Noi’s Thai Lao Fusion? Delicious! Our hands-down favorite was the Asian Tacos. That was the big win across the board with everyone who’s tried them. The avocado Asian fusion sauce is to die for, and to pair them with a side of non-fried spring rolls is a must. It may be a weekly go-to meal for me.

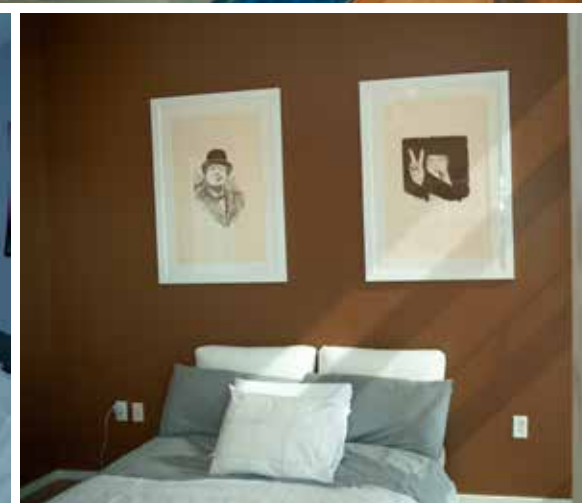
If you want to try Chang Noi’s they are located at 4th and 5th Ave N 11-2 and Yazoo Brewing Company 910 Division St. 4-9 p.m. You can also follow them on Instagram for daily updates and locations!



Nominate your favorite food trucks for review by emailing us at downtown@n2pub.com



Modern 5th Floor Condo in the Terrazzo



unit of the month

Interview with Terrazzo Resident **Wilson Pruitt**

Tell us about you/your family. How long have you lived in the Downtown Nashville area?

I was born and raised in Nashville and have lived in my unit for a year and a half.

What made you decide to buy your home?

Well, I always wanted to live in this building. My father and I went to dinner at Prima (the restaurant that used to be at the bottom of Terrazzo) for my high school graduation. I told him I was going to live here one day, and he told me I better work hard. So I felt a sentimental connection to it.

Did you design/decorate/redecorate any rooms in your home?

I did all the interior design myself.

What space is your favorite in your home and why?

Living room, its minimalist, modern and clean.

What was your inspiration?

The W hotel chain.

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Did you decorate the spaces one at a time or all at once?

All at once.

If you could do it all over again, would you change anything?

No, I don't think I would.

What advice would you give to someone looking to spruce up their own living space?

Take away the clutter, only keep what matters.



PUTTING IT IN *Perspective...*

Public vs. Private Equity

Sources: Bloomberg, Investment Company Institute.
National Center for the Middle Market
By Alan Hardee, JD, MBA, CFP



Every day we hear in the news about how the stock market is doing. We hear things like, "The market was up 112 points today," and, "The market hit 25,000 for the first time today." What are they really talking about? They're talking about the Dow Jones Industrial Average, which only reflects the stock prices of the 30 largest U.S. companies...huge companies like Exxon, Verizon, IBM, Disney, and Apple.

We also hear about how the S&P 500 is performing, which is a better reflection of how the stock market is doing since it's an index comprised of the 500 largest U.S. companies, not just the top 30.

Taking it a bit further, there are about 3,700 U.S. companies that are publicly traded on the New York Stock Exchange or the NASDAQ. That means that regardless of whether you're a do-it-yourself investor or have an investment account with a broker, you have about 3,700 U.S. stocks to choose from when you invest in the stock market. And most stock mutual funds, including mutual funds in most 401k plans, are investing primarily in these 3,700 companies. So, putting it in perspective, the Dow Jones represents less than 1% of all U.S. stocks that are publicly traded and the S&P 500 represents less than 15% of these publicly traded companies.

Now let's take this a step further. Those 3,700 publicly traded companies, which includes the S&P 500 and the 30 Dow Jones companies, represent less than 2% of all U.S. companies that have at \$10 million or more in annual revenues. The other 98%, over 200,000 companies, are private companies whose stock is not publicly traded, meaning that you can't invest in them through your 401k or brokerage account unless you work with an investment professional who has access to the private investment world. Many of these private companies are very large, as 87% of companies with 500 employees or more are private companies.

I'll use an analogy to make an important point. If 100 people want to buy a house and only 10 houses are available for sale, the price you're going to pay is likely to be higher and you likely won't get to set the price. This is akin to buying publicly traded stocks. But what if there were 100 houses for sale and only 10 potential buyers? The buyers have more leverage to negotiate price...like private equity firms often do when looking to invest in a private

company. Private equity firms determine the price they're willing to pay for equity in a private company and then they negotiate.

While many investors have portfolios that are limited to investments in that 2%, the public companies, investors who have discovered private equity, i.e., investing in private companies, have transitioned from the children's menu of investing to the adult menu. Finding attractive investment opportunities in a universe of 200,000+ companies is more appealing to us than settling for non-negotiated stock purchases in a universe of only 3,700 companies.

Alan is President and Founder of Brookwood Wealth Management in Brentwood.



**L. Alan Hardee,
JD, MBA, CLU®, CFP®**

To schedule a confidential consultation at our Brentwood office, Alan can be reached at (615)513-6605 or alan@brookwoodwealth.com

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Real Estate Resource



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Downtown Condo Sales August 2018

Address	Neighborhood	List Price	Sold Date	DOM	Beds	Baths	SqFt	Sales Price
700 Church Street #508	Bennie Dillion	\$219,900.00	8/1/18	39	1	1	744	\$215,000.00
1400 Rosa L Parks Blvd #220	Werthan Lofts	\$249,900.00	8/16/18	0	1	1	595	\$230,000.00
1350 Rosa L Parks Blvd #436	Werthan Lofts	\$290,000.00	8/10/18	36	1	1	675	\$277,500.00
1510 Demonbreun St #1106	Rhythm At Music Row	\$319,900.00	8/20/18	65	1	1	850	\$294,900.00
600 12th Ave S #406	Icon In The Gulch	\$299,900.00	8/3/18	63	1	1	616	\$299,000.00
415 Church St #1703	Viridian	\$312,000.00	8/20/18	5	1	1	735	\$312,000.00
415 Church St #1606	Viridian	\$329,000.00	8/27/18	74	1	1	741	\$320,000.00
301 Demonbreun St #1307	Encore	\$340,000.00	8/10/18	32	1	1	720	\$328,000.00
301 Demonbreun St #708	Encore	\$428,000.00	8/15/18	64	1	1	633	\$350,000.00
1510 Demonbreun St #1506	Rhythm At Music Row	\$399,900.00	8/10/18	114	1	1	785	\$360,000.00
515 Church Street #3702	505 High Rise Condominiums	\$425,000.00	8/31/18	1	1	1	665	\$395,000.00
1212 Laurel St #2010	Twelve Twelve	\$410,000.00	8/23/18	31	1	1	703	\$407,000.00
301 Demonbreun St #704	Encore	\$425,000.00	8/8/18	116	1	1	864	\$415,000.00
1350 Rosa L Parks Blvd #321	Werthan Lofts	\$429,900.00	8/28/18	35	2	2	1128	\$416,000.00
1352 Rosa L Parks Blvd #408	Werthan Lofts	\$439,900.00	8/23/18	54	2	2	1264	\$422,500.00
515 Church Street #3407	505 High Rise Condominiums	\$475,000.00	8/16/18	0	1	1	814	\$475,000.00
515 Church Street #3307	505 High Rise Condominiums	\$475,000.00	8/17/18	88	1	1	814	\$475,000.00
515 Church Street #3507	505 High Rise Condominiums	\$475,000.00	8/30/18	0	1	1	814	\$475,000.00
600 12th Ave S #1808	Icon In The Gulch	\$499,995.00	8/9/18	94	1	1.5	942	\$488,500.00
1400 Rosa L Parks Blvd #302	Werthan Lofts	\$499,900.00	8/20/18	58	2	2	1922	\$498,000.00
900 20th Ave S #1503	The Adelia	\$514,900.00	8/24/18	0	1	1	1015	\$514,900.00
301 Demonbreun St #1220	Encore	\$534,900.00	8/22/18	45	2	2	1089	\$524,500.00
515 Church Street #3713	505 High Rise Condominiums	\$575,000.00	8/10/18	0	1	1	792	\$575,000.00
1212 Laurel St #2014	Twelve Twelve	\$589,000.00	8/6/18	0	1	1	938	\$580,000.00
700 12th Ave S #610	Terrazzo	\$599,999.00	8/26/18	53	2	2.5	1421	\$600,000.00
301 Demonbreun St #803	Encore	\$634,900.00	8/7/18	14	2	2	1080	\$620,000.00
301 Demonbreun St #1803	Encore	\$635,000.00	8/9/18	1	2	2	1080	\$630,000.00
415 Church St #2301	Viridian	\$650,000.00	8/20/18	5	2	2	1465	\$645,000.00
1212 Laurel St #807	Twelve Twelve	\$724,900.00	8/13/18	8	2	2	1214	\$725,000.00
1212 Laurel St #1213	Twelve Twelve	\$825,000.00	8/5/18	49	2	2	1172	\$815,000.00
1212 Laurel St #1615	Twelve Twelve	\$875,000.00	8/10/18	4	2	2	1221	\$870,000.00
900 20th Ave S #902	The Adelia	\$899,000.00	8/21/18	5	2	2	1825	\$899,000.00
900 20th Ave S #1502	The Adelia	\$1,200,000.00	8/30/18	11	2	2	1825	\$1,137,500.00
515 Church Street #4203	505 High Rise Condominiums	\$1,220,000.00	8/27/18	115	2	2	1334	\$1,220,000.00
515 Church Street #4303	505 High Rise Condominiums	\$1,225,000.00	8/27/18	84	2	2	1334	\$1,225,000.00
515 Church Street #4403	505 High Rise Condominiums	\$1,230,000.00	8/22/18	85	2	2	1334	\$1,230,000.00
1510 Demonbreun St #1501	Rhythm At Music Row	\$1,398,800.00	8/5/18	60	2	2.5	2770	\$1,250,000.00



TENNESSEE
STATE MUSEUM
EXPERIENCE TENNESSEE

around the town

NEW TENNESSEE State Museum

A LIVING MUSEUM

Like Tennessee itself, our new State Museum will never stand still. Many of the Museum's experiences will rotate with new themes, new exhibits, and will feature mobile and portable traveling and digital exhibits as well. For those who cannot travel to the museum, the museum will bring our Tennessee Story to them.

Opening in October

The new **Tennessee State Museum**, on the corner of Rosa L. Parks Blvd. and Jefferson Street at Bicentennial Capitol Mall State Park, is scheduled to open to the public on **Thursday, October 4, 2018**. Grand opening events will take place throughout the weekend.

"Since we first started working on this project, the plan was to build a 100-year museum to showcase the rich history of our state and provide a memorable experience to visitors of all ages," Gov. Bill Haslam said in a press release announcing the opening. "It is exciting that we're only months away from opening the doors to this important educational asset for Tennessee."

SONGS AND STORIES

Art, music, stories and discoveries. Videos, touchscreens and exhibits where you become part of the story and decide the outcome. A state-of-the-art interactive institution capable of capturing the imagination, discoveries, accomplishments, personalities, legends, tunes and tales that define Tennessee. An experience worthy of the extraordinary contributions our state has made to the nation.

INTERACT

The new Tennessee State Museum takes a unique hybrid approach to telling our state's story — with a "Tennessee Time Tunnel" serving as the backbone of this experiential journey through the history of Tennessee. The Time Tunnel will combine content-rich artifacts, exhibits and stories from our permanent collection with engaging media and thought-provoking interactives for a multi-layered experience.

ENGAGE

Side detours leading into six different galleries will also allow visitors to explore specific periods and themes more deeply — including our Civil War history, music, art and cultural issues of the day. The Tennessee State Museum will also feature a diverse mix of traditional and new-technology experiences, from straightforward gallery displays to interactive exhibits that will include spectacular images, audio and film.

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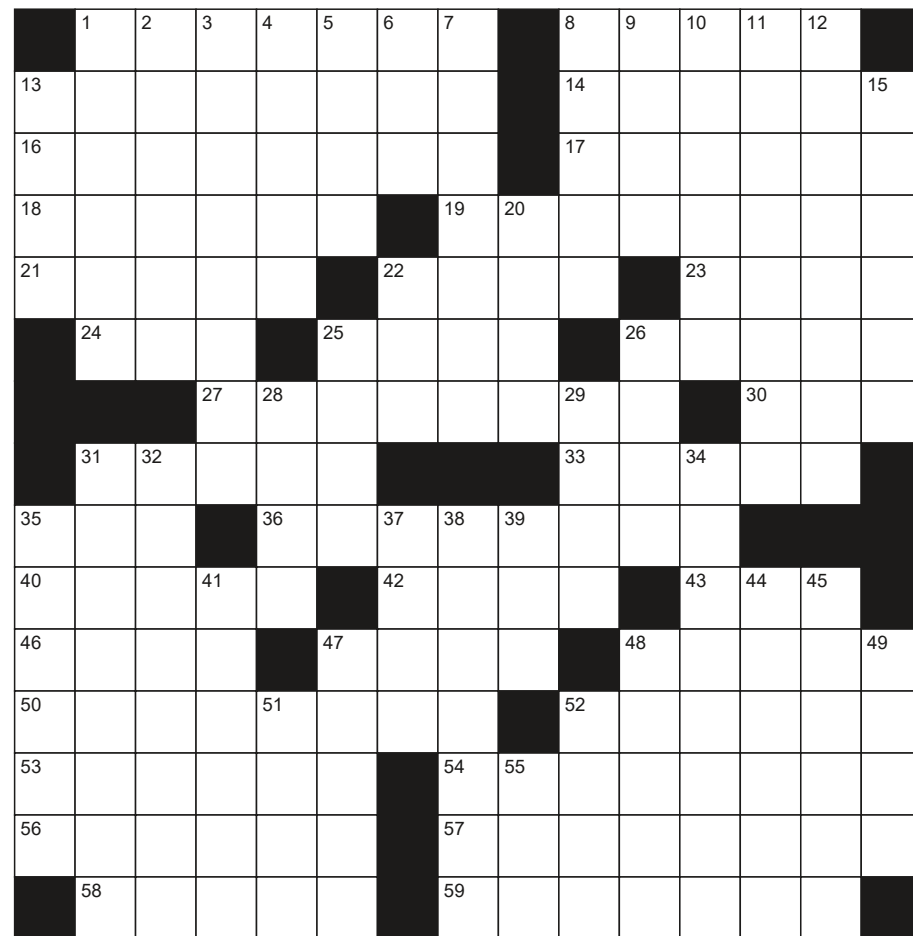
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coffee break

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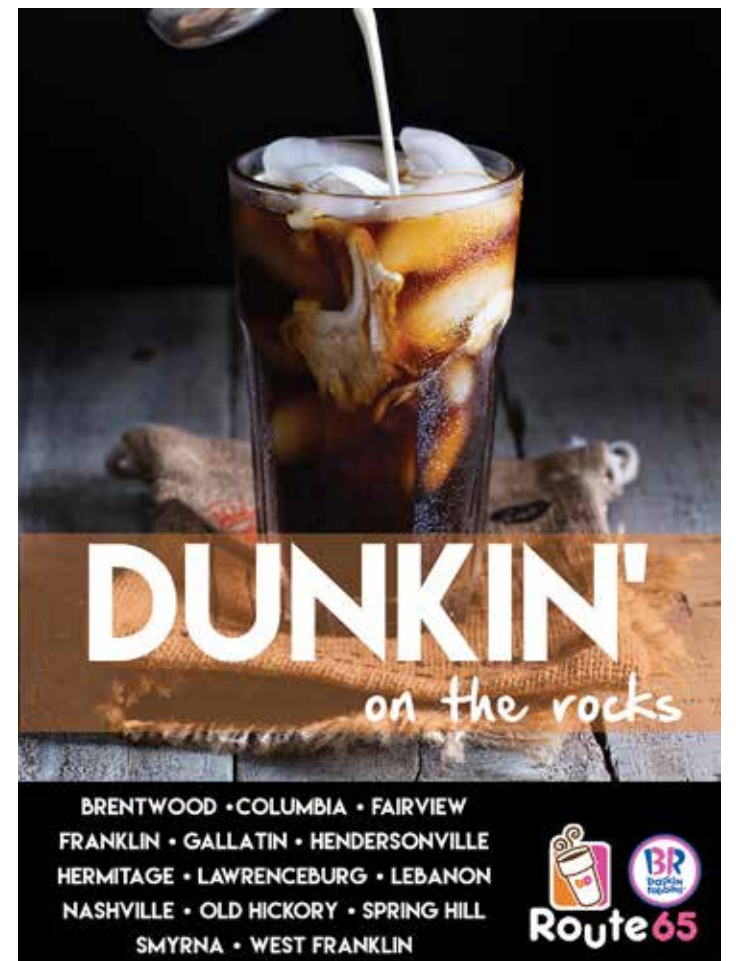


Down

1. Words in a #1 rap hit of 1990
2. Word with gin or mouth
3. Showed great interest
4. Sign on an empty flat
5. Sent a quick online note
6. Space station
7. 2000 Lou Reed album
8. Slanted
9. Thing to hum or whistle
10. It's something of a mystery
11. Legendary racing surname
12. Connection
13. Middle-earth creatures
15. Pucker-producing
20. Part of a famous palindrome
22. Lover's murmur
25. Worked at a radio station, perhaps
26. Frozen waffle choice
28. Albuquerque's st.
29. One of the major leagues: Abbr.
31. Was plentiful
32. Oscar-winning Sally Field role
34. Orchestrator
35. TV actor Hugh
37. Kind of acid that may cause gout
38. Seals of approval
39. Black-and-white diving bird
41. Put into piles
44. Flowery
45. Avers
47. Private teacher
48. Thank you, in Thuringen
49. Lean-to
51. Dust-dwelling critter
52. High, in Hamburg
55. Sass

Across

1. Figure skater's desire
8. "Don't shed ____"
13. ____ warfare
14. Carpal ____ syndrome
16. Bothersome folks
17. Stuck in traffic, maybe
18. Gave 10%
19. Old Western Union delivery
21. Talent follower
22. Trolley
23. "Take ____ the River" (Talking Heads hit)
24. Dash widths
25. Prescribed amount
26. Eschew the restaurant
27. Deriving pleasure from
30. Action figure, for one
31. You ____
33. One more time
35. Letters in a used car ad, maybe
36. One with a teaching degree
40. Cleansing agent
42. Julia of Hollywood
43. Sigur ____ (Icelandic band)
46. Jamaican exports
47. Tock lead-in
48. Pub missiles
50. Since
52. ____ Montana
53. Cleverly skillful
54. Extend
56. By
57. Issued a voucher
58. Impede
59. Kepler's "Music of the ____"



OCTOBER CONCERTS

local events nashville-theatre.com

OCTOBER 6

Ed Sheeran

North American Stadium Tour with Snow Patrol

2018 sees Ed Sheeran taking his Blockbuster Studio album Divide, and more hits, on tour across North American stadiums with support from indie rockers Snow Patrol. The British artist's status as one of the biggest sing-songwriters out at the moment is certainly cemented in this, his third album, which contains the mega-hit single "Castle On The Hill" and the Grammy Award-winning "Shape Of You." It's seen him topping the charts across the world and infuses his delicate, acoustic pop with even more pronounced R&B flourishes.



Ed Sheeran

OCTOBER 7 & 8

Bruno Mars

24k Magic World Tour
Bridgestone Arena

Bruno Mars is on top of the world right now! Still basking in the success of his Mark Ronson collaboration "Uptown Funk," he followed it up with another fierce of glittering pop-funk, "24K Magic," the lead single from the album of the same name. A showcase for his incredible skills as a songwriter, musician and all-round entertainer, 24K Magic is another entry in a hits-filled catalog which has seen Bruno become one of the biggest names in music.



Bruno Mars

OCTOBER 10

Brett Young

Here Tonight Tour
Rhyman Auditorium

American country pop singer and songwriter Brett Young is hitting the road and embarking on a series of U.S. dates which fall in conjunction with the CMT on Tour series. The Here Tonight tour, which takes its name from a song on Young's forthcoming album, follows how we lose track of time due to being caught in a moment. Joining him on the road are Tyler Rich and Rachel Wamack, who both released their debut singles earlier in 2018.



Brett Young

OCTOBER 16

Twenty One Pilots

The Bandito Tour
Bridgestone Arena

Formed of Tyler Joseph and Josh Dun, Twenty One Pilots have been building their devoted fanbase since 2009. Their music leaps around multiple genres, experimenting in indie and synth pop, alt. hip-hop and spoken word rhymes, all delivered with pristine production and an ear for radio-friendly melodies. Now the duo head out on a huge worldwide tour in support of their latest album Trench!



Twenty One Pilots

OCTOBER 24

Elton John

The Farewell Yellow Brick Road Tour
Bridgestone Arena

After nearly 50 years in the 'biz, Sir Elton John has announced his final tour before he retires, giving the world one last chance to catch the pop legend live. Singer, composer and pianist and activist, Elton John has sold over 300 million records and has over 50 Top 40 hits, making him one of the most successful musicians of all time. Don't miss out on this once in a lifetime experience!



Elton John

OCTOBER 26

Lynyrd Skynyrd

The Last of the Street Survivors Tour
Bridgestone Arena

The iconic southern hit rock band Lynyrd Skynyrd are hitting the road one last time! Last Of The Street Survivors Farewell Tour will kick off in Florida and wrap up in Atlanta with many cities including Dallas, New York, Toronto and many more in between.



Lynyrd Skynyrd

N2 SERVES DAY
#SKIPWORKDOGOOD

N2 Publishing, the company behind this publication, has challenged its entire organization to skip work and volunteer on November 2. Together, we aim to serve at least 2,000 hours in communities nationwide.



Follow [#SkipWorkDoGood](#) on social media to see the impact we can make in a single day!



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